

During the **past 4 weeks**, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups?

- Not at all 1
- Slightly 2
- Moderately 3
- Quite a bit 4
- Extremely 5

How much bodily pain have you had during the **past 4 weeks**?

- None 1
- Very mild 2
- Mild 3
- Moderate 4
- Severe 5
- Very severe 6

These questions are about how you feel and how things have been with you during the **past 4 weeks**. For each question, please give the answer that comes closest to the way you have been feeling.

How much time during the **past 4 weeks**....

	All of the time	Most of the time	A good bit of the time	Some of the time	Little of the time	None of the time
Have you felt calm and peaceful?	1	2	3	4	5	6
Did you have a lot of energy?	1	2	3	4	5	6
Have you felt downhearted and blue?	1	2	3	4	5	6
Have you been a happy person?	1	2	3	4	5	6